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GLENDALE COMPANY RECOGNIZED FOR COMMITMENT TO HEALTH
-- Schuck & Sons Construction Named "Well Working Company"--

A healthy workplace makes for a happy and productive workplace.

An effort spearheaded by Kronos Optimal Health Company, a Phoenix-based provider of individual and workplace wellness programs, and News 92.3 KTAR-FM has awarded Schuck & Sons Construction for its commitment to employee weight management and healthy lifestyles. Nominations were received from companies throughout the Valley.

Schuck & Sons Construction is a full-service framing and trim contractor based in Glendale, Ariz., with 1,200 employees. The company's health initiatives include healthy snacks and educational wellness luncheons at the office, access to health and wellness resources including a quarterly wellness newsletter and support and incentives for achieving and maintaining a healthy weight.

Proud employee Tina Armentani, benefits supervisor, nominated Schuck & Sons for the recognition, saying, "Wellness and safety are everyday mindsets and Schuck & Sons goes beyond helping employees by reaching out to their families as well. We want our co-workers to be happy and healthy."

"Employees are the most valuable asset to a company," says Andrea Lazar, president of Kronos Optimal Health Company. "Many employers recognize the benefits of helping

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employees make behavior changes to improve their health, well-being and quality of life – and they're experiencing great results.”

As the winning "Well Working Company," Schuck & Sons will benefit from the 12-week Kronos Weight Management program and received 10 tickets to see a Phoenix vs. Boston in a corporate suite at US Airways Center, courtesy of KTAR.

For more information, please visit www.kronoshealth.com.

About Kronos Optimal Health Company

Kronos Optimal Health Company provides optimal health products and services for consumers, employer groups and healthcare providers. Its mission is to help people live as healthy as possible throughout their lives. Kronos Optimal Health Company employs more than 80 professionals in the fields of science, medicine, technology, customer service, sales and marketing. Corporate offices are located in Phoenix. Kronos business units include Kronos Corporate and Community Wellness and Kronos Optimal Health Centre[®].

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